



Dee-ni' Nuu-wee-ya'

SMITH RIVER RANCHERIA TRIBAL NEWSLETTER

K'wes-taa-ni Num-nii~ma~s (June) 2012 - Volume 19, Issue 6

Lheth-xat-ne

2012-2013

Kara Brundin-Miller
Denise Richards-Padgette
Loren Me'-lash-ne Bommelyn
Dr. Joseph Giovannetti
Lenora Hall
Marian Lopez
Joel Bravo

Election report in the next issue



Lenora Hall, Denise Padgette, Dr. Roubideaux and Dr. Joseph Giovannetti at the Self-Governance Conference in New Orleans, Louisiana on May 7, 2012. Dr. Yvette Roubideaux, M.D.; M.P.H., is the Director of Indian Health Service.

Submitted by Denise Padgette

Lheth-xat-nee-dvn (Councilors Place)

Recently, myself, Denise Padgette, Russ Crabtree and Anna Kimber (Smith River Rancheria Attorney), attended a lobbying session in Sacramento to lobby for Assembly Bill 2092 that states that any California Government agency is to consult with Tribes when they have a project that could potentially affect the well-being, health, or livelihood of the Tribe. Smith River wrote this piece of legislation to require consultation due to three recent instances that have created a hardship with several agencies that have not conferenced with us.

While there, we also visited the Bureau of Indian Affairs to discuss the Fee-to-Trust process. Smith River Rancheria, as well as most Tribes in California, is not pleased with the amount of time that it takes to put one piece of land in to trust. At this moment, the Smith River Rancheria has approximately five areas that are waiting for trust status. The minimum amount of time that one of Smith River Rancheria's parcels remained in the process is seven years. Other Tribes have been waiting for 25+ years.

This consultation meeting at the Sacramento State Capitol was very interesting in that I learned about the many facets of visiting and discussing politics along with constantly voicing why our Assembly Bill 2092 is important.



Submitted by Lenora Hall, Tribal Councilor

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NOTICE

Title 9, Family Wellness, Chapter 3, Tribal Youth Wellness Code, is available for viewing at the Tribal Office (140 Rowdy Creek Rd; Smith River), Community & Family Services (110 W First Street; Smith River) and the Tribal Court Office (110 W First Street, Suite B; Smith River) until June 8, 2012. Comments may be directed to Gena Grizzard (ext. 3133) or Jessica Haas (ext. 3221).

ATTENTION TRIBAL MEMBERS

We do not have addresses for:

Samuel Hendrickson
Susan Hogue
Brittany Hostler
Joshua James
Monica Livingston
Russell Lopez
Hannah Mouser
Leslie Payne
Ivory Willburn
Kaiyess Willburn

Please call the Enrollment Office to **update your address**
(707) 487-9255 ext. 3120
Or send mail to:
Smith River Rancheria
Attn: Enrollment
140 Rowdy Creek
Smith River CA, 95567

K'wes-taa-ni Num-nii~ma~s (June) 2012

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Dee-ni' Nuw-wee-ya' Publisher/Editor

Jessica Haas (707) 487-9255 ext 3221
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June

Cash & Tools

Father's Day - Sunday - June 17th

12pm Free Gifts

1pm **\$2,600** in Cash Drawings

6pm Grand Prize **\$1,000** Sears Gift Card

Father's Day BBQ
2 to 8pm
\$10.99 to \$16.99



WHIRLWIND OF CASH!!

Sunday
Cash Cube Drawings
1 to 4pm
Every half hour

June Bug

Every Monday - 2pm to 5pm
Pick bugs from our garden and win money! Pick the June Bug and win \$250!!

Twice As Good

June 30th - 7pm

Tickets \$10 at the Privileges Club
Get Ready To Boogie!!

In the Tolowa Event Center



Texaco Country Showdown

June 16th at 7:30pm
\$5 per Person Call KPOD
(707) 464-9561

LUCKY 7 CASINO

(707)487-7777

Hwy 101 - Smith River, CA



www.lucky7casino.com

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Tribal Court Administrator, Nita Rhodes
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Waa 'Ee-lee-te (Events)

Jun 8	July Newsletter Deadline
Jun 12	Regular Session Tribal Council Meeting - 6:00 pm Howonquet Hall Community Center
Jun 14	Wee'-ya' (Language) Committee Meeting - 12:00 pm Nii~li~ Me'-ne', Lucky 7 Casino
Jun 17	Happy Father's Day!
Jun 20	Waa-tr'-vslh-'a~ (Culture) Committee Meeting - 5:00 pm Nii~li~ Me'-ne', Lucky 7 Casino
Jun 23	Tribal Reunion Picnic - 10:00 am - 2:00 pm Rowdy Creek Park
Jun 23	Wellness Fair - 10:00 am - 4:00 pm Howonquet Hall Community Center (see page 13)
Jun 26	Regular Session Tribal Council Meeting - 6:00 pm Howonquet Hall Community Center

SAVE THE DATE Native H.O.P.E. (Helping Our People Endure)

3 Day Youth Leadership Event

Where: Yurok Tribal Office in Klamath
When: July 11-13
Who: Native youth ages 12-18

Wellness through humor, traditions, ceremonies and spirituality

Call Donnie Green to register: (707) 464-2919, ext. 25

SAVE THE DATE

UIHS Youth Summer Camp

July 9-13th

Ages 9 – 12 years

15 and older may apply to be peer/camp counselors

Call (707) 825-5000

The annual UIHS Youth Summer Camp provides a safe and positive camping experience for UIHS American Indian community youth ages 9-12. The camp takes place at Patrick's Point State Park in Trinidad, California and provides youth with the opportunity to participate in a variety of activities, including cultural activities, health lifestyle presentations, daily nature hikes and much more!

COMMUNITY LANGUAGE CLASS

**12:00 PM ON TUESDAYS
AND THURSDAYS**

K'VSH-CHU TRIBAL OFFICE
140 ROWDY CREEK RD
SMITH RIVER, CA
(707) 487-9255

COMMITTEE OPENING: ELECTION BOARD

Please submit your
Letter of Interest to
the Tribal Council
Recording
Secretary

Xaa-wvn-k'wvt Nutrition Center Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
★ Extra Carbs - Eat 1/2 later or add to supper				1 Cook's Choice
4 Bean & Cheese Burrito	5 Elk over Noodles	6 Chicken Vegetable Soup	7 Chef's Salad	8 French Toast
11 Quiche	12 BBQ Chicken	13 New Soup	14 Sloppy Joes ★	15 <i>Father's Day</i> Chicken Fiesta
18 Veggie Soup & 1/2 Egg Salad Sandwich	19 Spaghetti ★	20 Sack Lunch	21 Fish & Chips	22 Swedish Meatballs
25 Veggie Chili	26 Enchilada Casserole	27 "Vegetables Plus" Soup & 1/2 Sandwich	28 Chicken Divan	29 Hamburger w/ Bun

Lunch served @ 12:00 pm
Reserve Lunch @ 707-487-4463
 Menu Subject to Change
 101 Indian Court in Smith River

Suggested donations:
 Elders 55+, \$2 (some are free) Under 55, \$7

Tai Chi - Every Wednesday, 12:30 pm
BP/BS Checks—call CHR @ 487-0215,
 464-2919, or 482-2181
RepChem 3rd Wednesday

Dear Tribal Elders



Dear Tribal Elders,

Would you like to help local youth by sharing cultural traditions, offering encouragement, promoting responsibility, and mentoring? Community & Family Services and the SRR Tribal Court are looking for interested Elders age 55 and up to form an Elder Council to advise youth involved with SRR Tribal Court. Elders will receive relevant training and a stipend for their time. A criminal background check is required. All Elders are invited to participate! Please call Gena Grizzard at 707-487-9255 x3133 for more information.



TRIBAL ELDER APARTMENTS

Smith River Rancheria Housing Department is now taking application for the six new See-waa-dvn Apartments!

Tribal Elders and their Certified Home Health Care Providers are encouraged to submit an application immediately!

Located close to House of Howonquet, Lucky 7 Casino, Howonquet Nutrition Center, UIHS Clinic **AND Bingo!**

NEWLY BUILT:

- 2 Bedrooms
- 1 Bath
- 1 Car Garage
- All new electric appliances: Dishwasher, Microwave, Oven, Stovetop
- Laundry Facility: Washer & Dryer
- Central Heating and Air Conditioning

Right in the heart of beautiful Smith River, California. Please stop by the Rancheria Office or call Linda in the Housing Department for information and/or and application. But do it soon and get on the waiting list today. Eligibility will be determined based on a point score system.

Linda K. Tuttle, Housing Program Specialist
 707-487-9255 x3140

Safe From Poisons

Because more than 90 percent of poisonings happen in the home, Poison center experts encourage everyone to take the following steps to make sure your home is poison-safe:

- Close caps on medicines, vitamins, herbal supplements and other products immediately after use, making sure that they are put back on tightly.
- Keep all medicines (including vitamins and herbal supplements), household cleaning products, and garden chemicals up high where children can't see or reach them.
- Never store home or garden chemicals in food containers like bottles or cups. Keep them in their original containers.
- Never mix household cleaning products together. Mixing them can cause poisonous gasses.
- Call your local poison center (1-800-222-1222) immediately if you can't find a small battery or magnet missing from a toy or other item. Button batteries and magnets can both be deadly if swallowed by a child.
- Install a carbon monoxide detector and check the batteries twice a year.
- When applying pesticides, follow the directions on pesticide labels and be sure to remove children, pets and toys from the area until they can return safely.
- Periodically go through your medicine cabinet and safely dispose of old or expired medicines.
- Post the Poison Help number by your home phone and program it into cell phones:

Poison Help Line (1-800-222-1222)



Go to <http://www.aapcc.org/dnn/default.aspx> the American Association of Poison Control Centers for more information

Submitted by Tessa LaFazio, EPA Specialist

Make more from your.....

Summer is coming and who doesn't like to hop in the car on a beautiful summer morning and hit the garage sales?? Have you ever considered having one yourself?

It's easy to make a few extra dollars by selling old items you don't need or want anymore. Why settle for just a few dollars, though, when you can really rake the money in with just a little more effort? Garage sales can be cash bonanzas if you utilize the following tips:



Gain strength in numbers. Try to convince your neighbors to hold sales the same day as you. Casual shoppers are more willing to stop if they can visit numerous sales without driving in between. Plus, you'll save money on advertising when everyone contributes.

Organize. Examine every item in your house with a discerning eye. Do you still want it? Do you ever use it? If the answer to either is "no", put it in the garage sale.

Don't cheat yourself. You've all heard stories about people paying a nickel for a rare coin or comic book at garage sales. Don't be one of the people who give away a treasure. Examine your junk. If there is any question about its value, take the item to a qualified professional to be appraised.

Wake up early. "Professional" garage sale shoppers show up well before the sale officially begins in hopes of finding real bargains. Don't be caught half-awake and half-dressed.

Let your sales strategies evolve. Have you noticed that more people are simply browsing, and walking away as the day goes on? Cut your prices. Just as a sale captures people's attention at a retail store, it turns heads at garage sales. All you need is a sign boasting 25% off.

Spruce things up. Make your garage customer friendly. Dust off, wash, or polish items before you put them up for sale. It's not a bad idea to have a mirror nearby, so people can see how they look in the clothes or jewelry.

Give things away. What you lose in sales, you will make up in additional customers. The word "free" is the best possible lure for shoppers. Be sure to mention the freebies in your ad.

Be on your guard. Unfortunately, petty thieves often target garage sales. Make sure you or a trusted friend is always with the cash box. Keep an eye open for shoplifters, too. And never let anyone in your house unescorted. If a shopper asks to use the bathroom, send someone inside with her.

At days end, you can enjoy the extra room in your home or garage, and a pocket full of cash inspired from little labor. Have a great summer!!

Submitted by Housing Program Specialist, Linda K. Tuttle
Source: *Squeeze Your Home for Cash: 101 Great Money Making Ideas for Homeowners*

Attention-Grabbing Gadgets

If you spend too much time on your couch surfing the net or watching TV, you might not be aware of some of the latest in technology that automates tasks around your home, which, well, might help you spend more time relaxing on your couch.

From keeping your home comfortable and cooking quick meals to harnessing the power of the sun and fostering the next crop of inventors, this list offers a variety of ways to use the latest technology.

Nest

Thermostats rarely rate as gotta-have gizmos, but Nest is different. Invented by a former Apple designer after being frustrated by programming his own thermostat, Nest is the first device that learns your schedule and creates a program based on what it learns. After a week of learning, Nest is ready to take over, and offers ways to help you cut your energy bill.

The sleek design and simple controls give the device a futuristic look compared with other thermostats on the market. An outer dial ring sets the temperature. The thermostat displays blue for cooling and orange for heating. It also displays how long it will take to reach the set temperature.

Sensors built into the thermostat can determine room activity, relative humidity and light levels. The Auto-Away feature uses this information to sense when the home is unoccupied. Nest's built-in Wi-Fi allows control of the home HVAC system through a computer or smartphone app.

Returning home from a trip? Turn on the heat or air conditioning from the airport so your home is comfy when you get there. Easy to install, Nest requires connecting four wires. \$249, additional thermostats \$25 each at <http://www.nest.com>.



Egg-and-Muffin Two-Slice Toaster and Egg Poacher

If you like fast food breakfasts, but hate to hit the drive-through in the morning, this might be your new best friend. In four minutes, the Back-to-Basics egg and muffin toaster can toast two muffins, poach or steam-scramble two eggs and heat a slice of meat.

But wait, there's more. It also can boil up to four eggs at once. Adjusting the amount of water controls how hard the yoke is cooked. \$33 at Amazon.com.

Stop Vampire Leaks

The Belkin Conserve Socket uses a simple three-setting timer to shut off power to any device plugged in to it. It is simple in looks and operation. Timer settings include six hours, three hours and a half hour. Plug it in and set the timer on the side. It is perfect for managing charging devices, where you don't want to leave it going once the device is charged. \$9.99 at Amazon.com.



Fizz, Bubble & Flash!

We wouldn't have some of the cool gadgets on this page without inventors. Help channel the inner inventor in your son or daughter with "Fizz, Bubble & Flash!: Element Explorations & Atom Adventures for Hands-On Science Fun!"

Discover what you have in common with party balloons, footballs, computer chips, pizza dough, table salt and TV screens; "Break" a water molecule; produce fluorescent light (without using a switch!); enjoy a half-life snack; compare antiperspirants; separate the iron from your breakfast cereal; find out why broccoli smells, and soda makes a coin shine; and discover the secret of static cling and what makes a smoke detector work. \$12.95 at Amazon.com.

*Submitted by Malcolm Champlain, Housing Project Manager
Source: Ruralite Magazine, April 2012*

CELEBRATE NATIONAL FAMILY MONTH

National Family Month is celebrated in June. This is a good time to reflect on your family and how to make it stronger. Strong families share many of the same qualities.

Build Trust

Strong families build trusting relations by following through with promises.

Show Commitment

Strong families feel like a team. They share traditions like having a family picnic on the Fourth of July or taking walks together after dinner. Family members show commitment to the family by making time for family events and making sacrifices for one another.

Communicate

Members of strong families talk to one another about important decisions and daily plans. They discuss feelings as well as day-to-day activities at school or work. When there are conflicts, strong families take time to cool down before responding. They don't bottle up their anger or let it get out of hand. They talk about possible solutions to problems and work together to carry out the best solution.

Grow Through Crises

All families experience crises. Strong families use these experiences to learn and grow. They know even bad experiences can bring about good changes and help them to become closer. They admit problems instead of hiding them. They seek help when needed.

Spend Time Together

Strong families spend time together, talking, reading, playing games, taking walks, cooking. Some special times involve closeness, like reading a good-night story and tucking children into bed with a kiss.

Have Fun as a Family

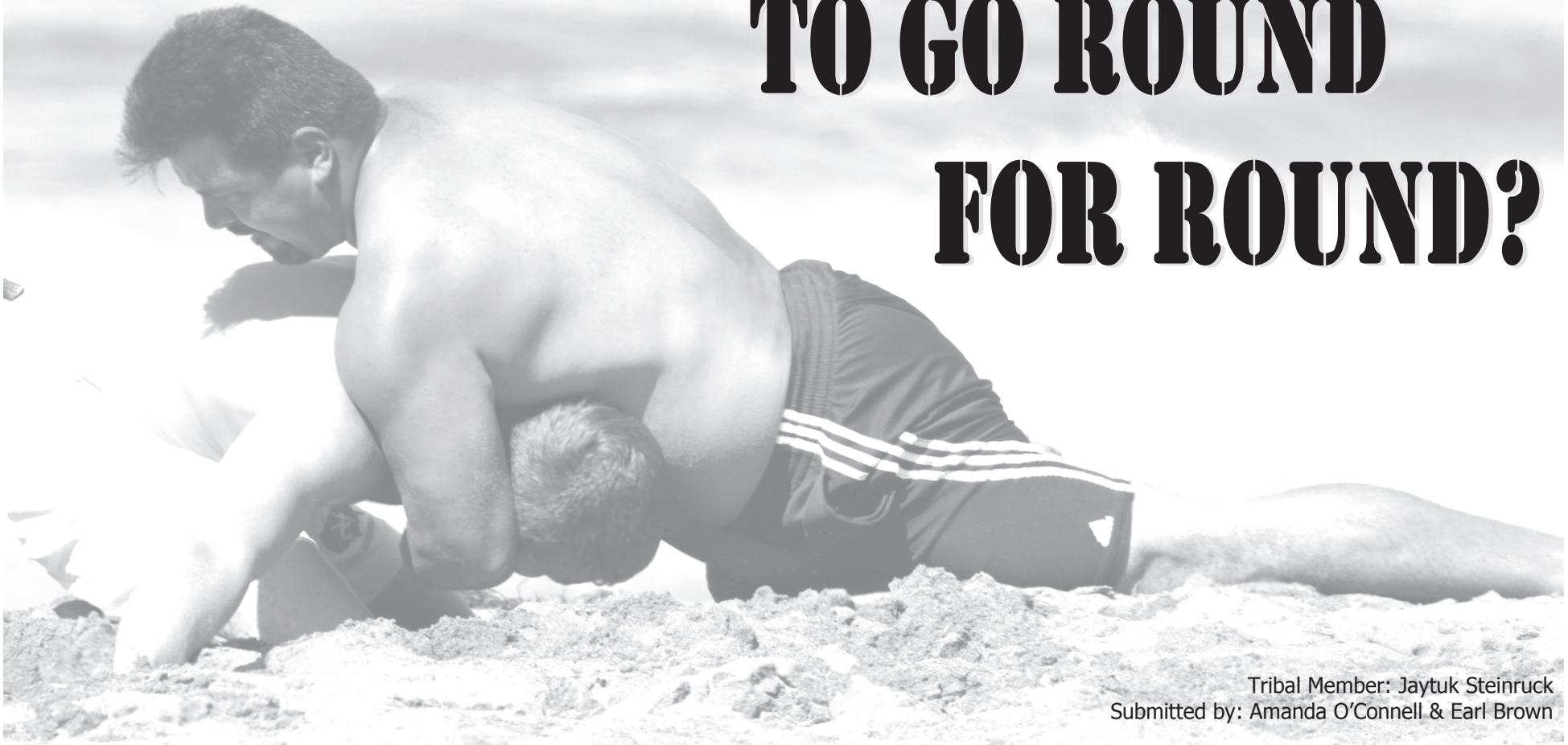
Strong families know that having fun is important and make plans to have fun together. They plan family trips or parties. Strong families know that laughter is important and use humor to help reduce stress. Family members laugh with one another, not at one another.

Show Love and Affection

No matter what children say or do, they need to know that their parents love them. Strong families show caring in many ways. Family members say to each other, "I love you" or "I'm happy we're in this family together." They give hugs and show affection in other small ways. They may call each other nicknames and enjoy remembering family stories.

*Submitted by Dorothy Perry, CFS Director
Source: <http://nccanch.acf.hhs.gov/topics/prevention/>*

ARE YOU READY TO GO ROUND FOR ROUND?



Tribal Member: Jaytuk Steinruck
Submitted by: Amanda O'Connell & Earl Brown

It's time to start training up and drinking your acorn water!

Stick Game season will be here before you know it and we want you to be ready. This game has been played since time immemorial, being passed down from grandfathers and fathers to their sons and grandsons. Being a player requires much dedication, training, and discipline. As a representative of their family and village, traditionally the young men worked very hard to be the best they could be; taking their training very seriously.

Some common forms of training included, running on the beach or up hills with a mouth full of water to strengthen the lungs and teach how to breathe through the nose. Also, wrestling with teammates and coaches to learn holds and escape methods was a regular practice. Prayer and visits to spiritual locations were also encouraged by the teachers. Often times the young men would be kept from strangers, women and community gatherings such as dances and other events during their training. Tribes would often play amongst themselves, village against village and also against neighboring tribes: Karuk, Yurok, Hupa and Wiyot. For the past few years we have also been trying to challenge our northern neighboring tribes: Siletz, Coquille, Coos Lower Umpqua, and Siuslaw but so far none have stepped up to learn and compete.

Annually we hold our Stick Game event during Tolowa Dee-ni' Day at the end of September. We want to encourage stick players and community members alike to be involved. Either by coming to watch or to play! It's not too late to learn the game if you haven't already. We need more players from our area and it's a good way to get healthy and learn about your culture!

**Credit of some information to Walt "Black Snake" Lara, Sr.*

The Sun is Out: It's Time to Enjoy Some Fishing with the Kids!

A collective enthusiasm for fishing can bring families together. Fishing is a unique tie that can bind people together for life regardless of age, gender or skill level. It's also important that families have the ability to start their own fishing traditions. While there are never any guarantees in fishing, following these simple steps will surely bring success on your next fishing adventure with your kids. Remember teach them well, and have fun!

- Keep it simple! I'm talking a hook, a split shot, a bobber, and a night crawler. It's a simple combination that kids can understand, and the bobber gives a visual aspect to fishing that will hold their interest longer. The bobber also helps the parents keep track of where the bait is. Parents with little or no fishing experience will find this set up very convenient, and I would recommend that they learn fishing with the same set up. This rig will catch any species of fish on any body of water.
- Fish for action, not size! Kids need a quick pace to keep their interest. It is vital that they start out fishing where bites will be easy to come by. Bluegills, sunfish, and small bass are perfect for this type of action, as these fish live shallow most of the year, and are easy find. All of the desert lakes and urban lakes will have these fish readily available. Catfish and trout can also be a good option if they are fished for shortly after stocking. Check with the game and fish department for their stocking schedule, and be there shortly after for some fast action.
- Kids need praise! This is where some careful planning and understanding will come in handy. Kids will no doubt make bad casts, fling the hook around like a flying gaff, and probably drop the rod a time or two. That's okay, if it's expected! Do yourself a favor, and smash the barb of the hook flat with a pair of pliers. Not only does it make unhooking the fish easier, but it makes unhooking the parents easier as well. You will be unhooking both. Let them know they're doing a great job, and show excitement when things are going well. Their opinion will be forged as much from your reaction, as their catch success. If they do something wrong, explain it to them, and teach them how to do it right. This is the time to leave the short temper at home.
- Keep it about the kids! We all have visions of what the perfect first fishing trip should look like. We're fishing side by side with our kids, they're making perfect casts, and the fish are biting like crazy. Although this can be the case, it can also be the complete opposite of what we actually experience. If the kids decide 2 minutes in to the fishing that they'd rather throw rocks, let them throw rocks. If they want to play with the bugs, or splash through the water, let them. This is their outing. In the beginning, it's all about having fun. Their version of fun, not ours. If the first few trips consist of 3 casts and 2 hours of skipping rocks, then great. They'll come around.
- Teach them about conservation! I know what you're thinking, boring! I agree, it can be, but I'm not talking about saving the forest or global warming, I'm talking about simple and interesting things about nature and preservation. For instance, when they catch a fish, hold it for them. Show them the fins and how the fish use them to swim. Show them the eyes and how they see through the water. If you don't know these things, learn them. More importantly, teach them catch and release. Teach them that by releasing the fish, it will be alive to reproduce, and that will create hundreds of more fish for the future. If you bring fish home, teach them to only bring home what they can eat, and releases the rest. This is the time when kids will learn the importance and integrity of conservation. Teach them well.



Submitted by Andromeda Lopez, CFS Clerk

Source: <http://phoenix.about.com/od/fishing/a/fishing.htm>



Judith Burke, Shu'-aa-xuu-dvn advocate, and Benita Cabrera, Vagina Monologues organizer

Shu'-aa-xuu-dvn Receives Vagina Monologues Donation!

On April 24th your Community & Family Services Domestic Violence/Sexual Assault Program, Shu'-aa-xuu-dvn, received a check for \$1,757.25 from Del Norte County's production of "The Vagina Monologues." We were one of four beneficiaries from event; the other proceeds of this event; the others were North Coast Rape Crisis Team, Planned Parenthood, and Inter Tribal Council of California. We were happy to be part of these presentations highlighting violence against women, with one tribal member and one employee participating; the biggest turn-out was at the Tolowa Event Center in our Lucky 7 Casino. We are planning on using the money for prevention training. A big THANK YOU to everyone who made this possible!

Submitted by Judith Burke, Social Worker



Ch'ee-nvk-t'i (Announcements)

K'wes-taa-ni Num-nii~ma~s (June)

Caeson Allen
Robert Allen
Caden Arlandson
Nicole Aubrey
Robert Balcom
Isaiah Bartow
Charles Batini
Jon Bentley
Jeshua Bimemiller
Pyuwa Bommelyn
Janelle Brown
Richard Brown
Todd Buckmaster
Christian Cain
Faith Campbell
David Campos-Bartow
Juan Campos-Bartow
Michael Campos-Bartow
Ina Chapman
Shawnee Coopman
Jessica Cornelis
Lauren Cornelis
William Darrah
Branson Dobrec
Daytona Dobrec
Gina Early
Selisha Early
Jordan Escobar
Yancy Evans
Ame Fox
Dustin Gardner
Hailee Gardner
Aubriella Giovannetti
Steven Gochanour, Jr.
Derek Goodlin
Danielle Gravatt
Alicia Guerrero
Brendon Harralson
Shea Hegnes
William F. Hempel
Samuel Hendrickson

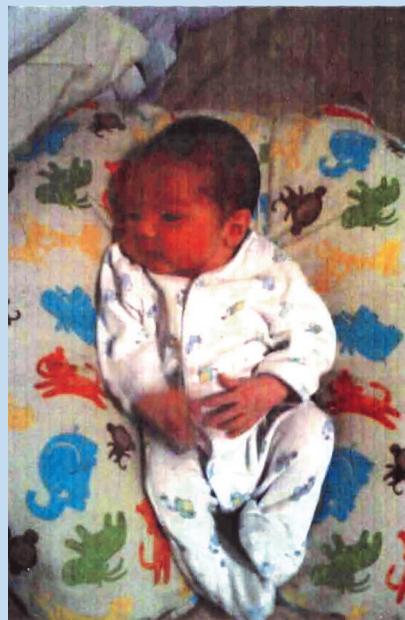
Brynn Hodges
Adam Holz
Chris Hostler
Robert Husberg, Jr.
Debra Hutsell
Antomina Idica
Halle Irvine
Ryan James
John Jocsing, Jr.
Michele Johnson
Timothy Johnson
Brandie Jordan
Perry Judah
Travis W. Kahoalli
Wendy Kamisky
Brooke Kennedy
Lauren Kessler
Joelle Lemley
Reginald Loftin, Jr.
Andromeda Lopez
Antonia Lopez
Caroleen Lopez
Gloria Lopez
Shannon Lopez
Melissa Losh-McCann
Danielle Marini
Rhonda Martinho
Tamara Masseo
Jessica Maxfield
Donald Maynard, Jr.
Michelle McClung
Michael S. McMahan
Dominick Miller
Justin Mitchell
Randy Mitchell
Heath E. Moon
Richard Moorehead, Jr.
Richard Moorehead III
Michael Moorehead
Richard Mouser
Collette Niles

Daylen O'Reilley
Cynthia Parry
Elizabeth Payne
Morgan Perry
Nancy Phillips
Rick Reiling
Rachael Rhodes
Edward Richards III
Brock Richards
De'sre Richards
Winter Richards
Zane Richards
Thomas H. Richmond
Tiffany Sanchez
Violet Schulze
Luanna Scott
Dana Shade
Diane Sheridan
Jennifer Silva
Riley Simas
Lisa Simonsen
Steven Simonsen
Kira Simpson
Olivia Smith
Jayden Sossaman
Phillip Spargur
Kym St. Clair
Shaylee Travis
Michael Tribur, Jr.
Alvin Tripp, Jr.
Ashley Tripp
Kristofer Walker
Aaron Whipple
Reece White
Little M.B. Wilburn
Tina Wilburn
Kiyawna Willburn
Ivie Wilson
Kaia Wilson

Happy Birthday



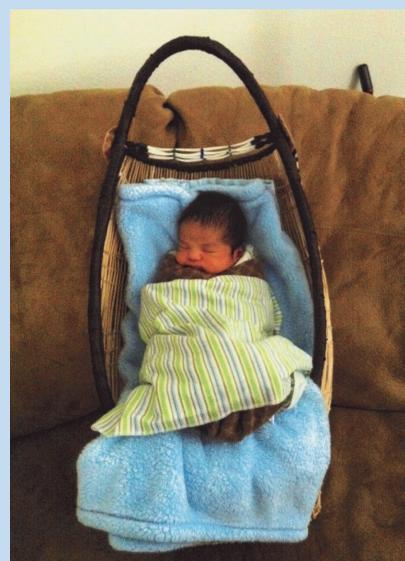
Welcome, Brayden James Wilson!



Born: April 14, 2012
8 Pounds 14 Ounces

Father:
Donald Wilson
Mother:
Mickey Wilson
Grandmother:
Connie Wilson

Welcome, Damian Luis Manuel Parras!



Born: March 25, 2012
at 2:15am
8lbs 2oz
20in long

Born to Jose, Lucinda
and proud brother
Markus.

Grandparents are
Gaylene & Alejandro
Mendiola of Crescent
City and Bertha and the
late Luis Parras of Los
Banos, CA.

*Rhonda Martinho
Happy Birthday. Have a great year!
From your cousin,
nn-ghaa-nvsh-srvn
Lenora*



Xaa-wvn-k'wvt Head Start Graduation



Howonquet Head Start & the Early Learning Center had 23 graduating children going to Kindergarten; 8 of which are Tribal Members:

**William Aubrey
Mya Carpenter
Neela Husted
Elora Rodriguez
Aleena Solomon
Teonna Stepro
Tsinte Steinruck
Taylor Zwierlein**

Head Start enrollment for next year 2012-2013 deadline is August 3, 2012.



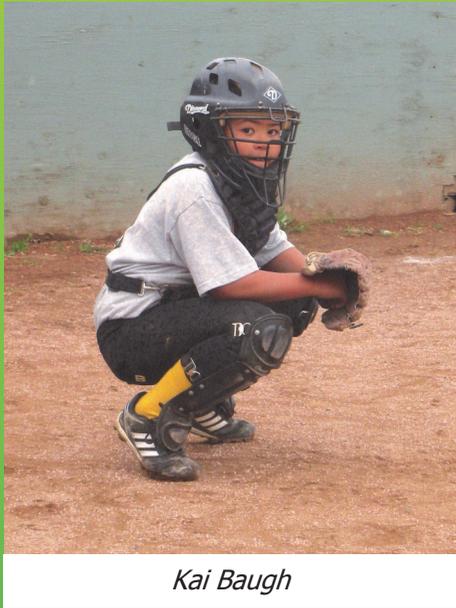
Xaa-wvn-k'wvt Head Start Graduation



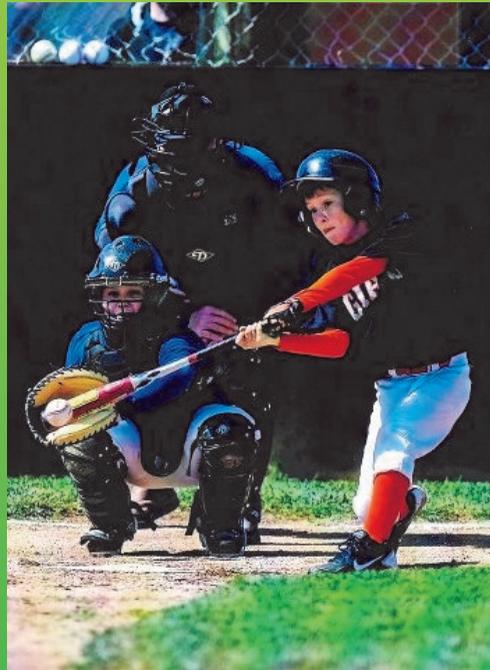
Community Pictures



Ava O'Reilly, Reece White & Tsinte Steinruck



Kai Baugh



Daylen O'Reilley



Elora caught her first fish at Loeb Park on Sunday May 6th! Her father and I are very proud of her; she caught & released 3 fish that day! We couldn't ask for a better way to spend a weekend and we are looking forward to many more like this during the summer! Pictured: Elora Rodriguez Age 4

Submitted by "Proud Mama" Andromeda Lopez



James Hopper, Jr.

UIHS' Retirement Party for Dr. Betts





SAVE THE DATE!

“Honoring Families through Wellness”

Wellness Fair

Hosted by Smith River Rancheria Community and Family Services



OPEN TO THE COMMUNITY

June 23, 2012

10:00am – 4:00pm

Howonquet Hall Community Center

101 Indian Court

Smith River, CA

If you or your agency are interested in having a booth or sponsoring an activity, please call or email to reserve your FREE space. A donation for door prize drawings is appreciated.

For more information or to reserve a free space please contact:

Paulie at 707-487-9255 paulie.boynton@tolowa.com

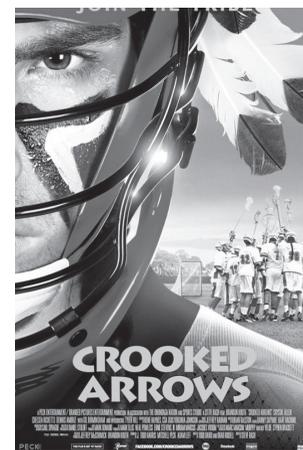
Andromeda at 707-487-9255 andi.lopez@tolowa.com

Community and Family Services • 110 W First Street • Smith River, CA 95567 • 707-487-9255 • 707-487-0137

Suggested Film

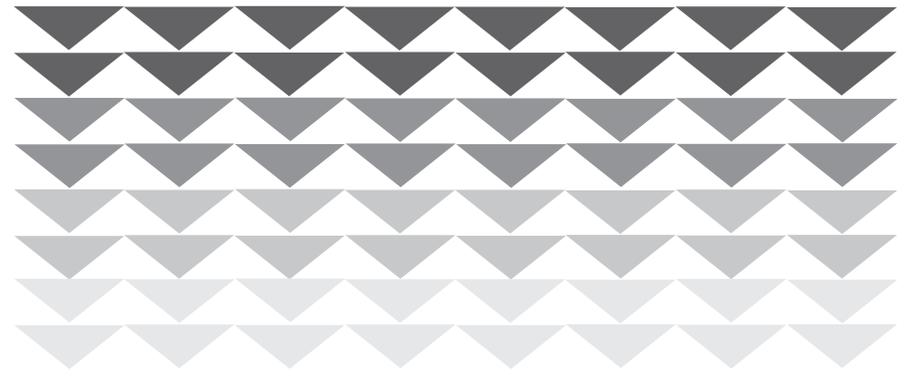
A mixed-blood Native American, Joe Logan, eager to modernize his reservation, must first prove himself to his father, the traditionalist Tribal Chairman, by rediscovering his spirit. He is tasked with coaching the reservation's high school lacrosse team which competes against the better equipped and better trained players of the elite Prep School League. Joe inspires the Native American boys and teaches them the true meaning of tribal pride. Ignited by their heritage and believing in their new-found potential, coach and team climb an uphill battle to the state championship finals against their privileged prep school rivals...will they win?

Crooked Arrows is an original, uplifting sports movie in the tradition of such classics as Mighty Ducks, Bad News Bears, Hoosiers, and Bend It Like Beckham—set in the fresh, contemporary worlds of Native American reservations, prep schools, and lacrosse...



Submitted by Amanda O'Connell, Receptionist

CHECK IT OOTY

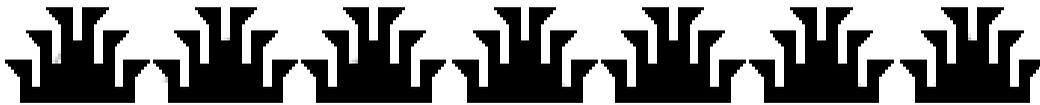


National Museum of the American Indian (NMAI), located in Washington D.C., is the 18th museum of the Smithsonian Institution. It is the first national museum dedicated to the preservation, study, and exhibition of life, languages, literature, history and arts of Native Americans. They have a very user friendly webpage - <http://www.nmai.si.edu/searchcollections/home.aspx> - where you can search their collections by culture, geographic area, etc.



Jill Norwood, a Smith River Rancheria Tribal member, works as the Community Services Specialist at NMAI. Clyde and Etta Richards, and Julia and Ed Otis were her grandparents; Eugene Richards and the late Wendy Otis are her parents. She has one daughter, Claire Norwood, who graduated from Guilford College in May 2011. Jill is Tolowa, Karuk and Yurok. As a child she went to Margaret Keating Elementary, Smith River Elementary and spent one year at Del Norte High School before moving to Georgia to be with her mother. From there she received her Bachelor's degree in Psychology from the University of Maryland in 2000 and began working at the Smithsonian in 1992. First working for the Early Enrichment Center developing curriculum for young children based on the Smithsonian's collections. Then in 2000 after graduating, she began working for the National Museum of the American Indian in the position she currently holds. For 12 years she has been coordinating internships and training opportunities for indigenous peoples of the Western Hemisphere at NMAI. Jill is also a board member of the National Preservation Institute.

Submitted by Amanda O'Connell, Receptionist



Looking for a good laugh?

You'll find it at: 1491s.com

"The 1491s is a sketch comedy group, based in the wooded ghettos of Minnesota and buffalo grass of Oklahoma. They are a gaggle of Indians chock full of cynicism and splashed with a good dose of indigenous satire. They coined the term All My Relations, and are still waiting for the royalties. They were at the Custer's Last Stand. They mooned Chris Columbus when he landed. They invented bubble gum. The 1491s teach young women how to be strong. And... teach young men how to seduce these strong women." -1491's self description.



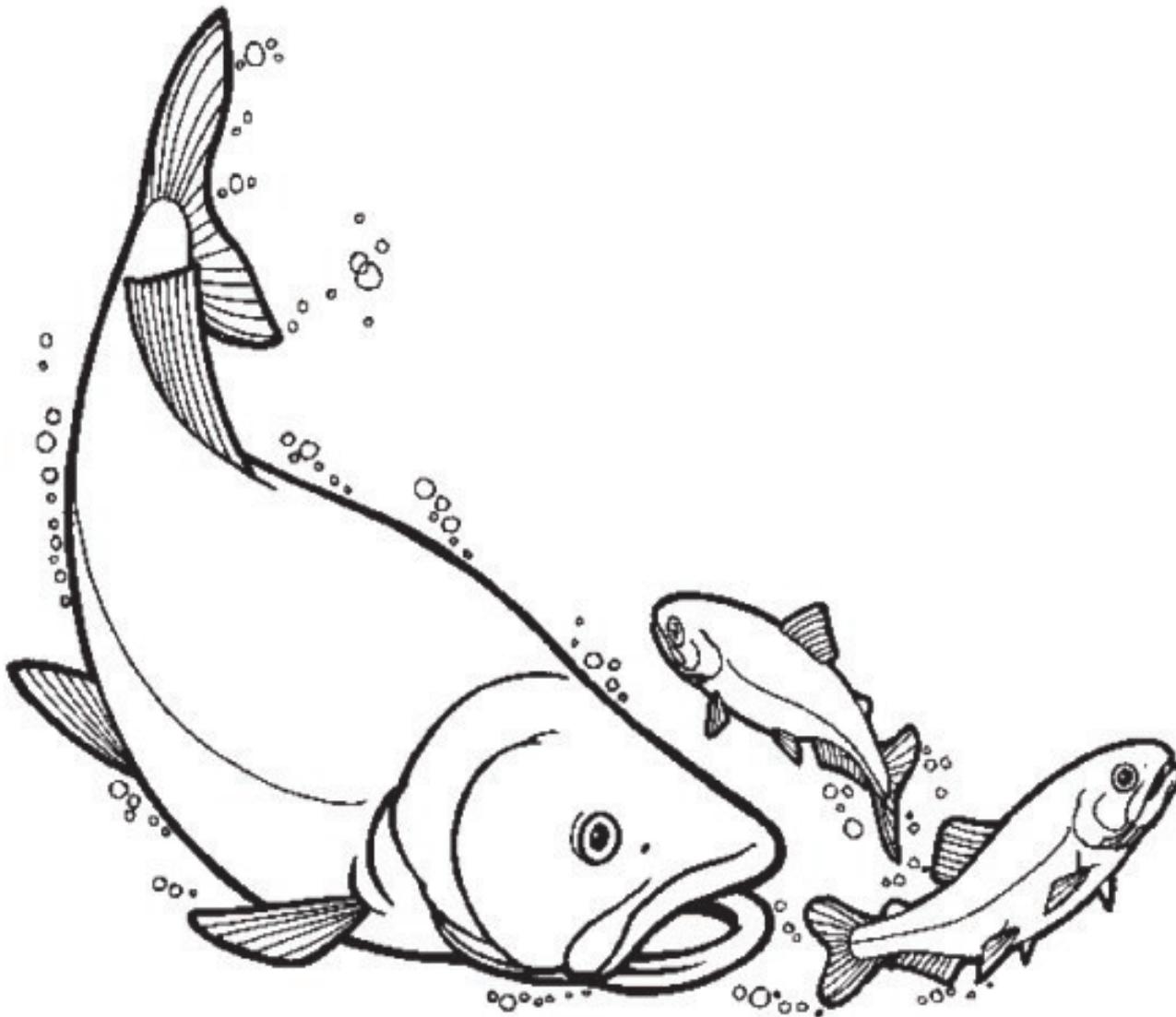
**BIRTHDAY
CELEBRATION
POTLUCK**
for
Edward "Edwin" Richards

**Saturday,
June 2, 2012
1:00 pm - 4:00 pm**

**Howonquet Hall
Community Center
In Smith River**

**Call Gaylene Mendiola at
(707) 465-5318
For more information**

Lhuk



ATTENTION Graduates

Calling all graduates!!! If you know of any tribal member who is graduating or has graduated this year from the 8th grade, 12th grade or college level. Please contact Leann at 707-487-9255, ext. 3131 in the Community & Family Services Department.

CHILD CARE ASSISTANCE PROGRAM

If you live in Del Norte or Curry County and need help paying for child care while you work or go to school, Smith River Rancheria Community and Family Services may be able to help.

We are currently accepting applications for the Child Care Assistance Program (CCAP); a federally funded program administered by Smith River Rancheria.

The CCAP provides a subsidy to help families pay for licensed child care in a child care center or family day care home. Families who qualify for CCAP pay a nominal share of their total monthly child care expenses.

To request an application or more information, please contact Leann at 707-487-9255 ext 3131.

Scholarship Opportunity

Smith River Rancheria Community and Family Services:

If you know anyone looking for Scholarships or scholarship information please let them know Indian Country Today has a new searchable website with lots of good resources about Scholarships.

For more information about Indian Country Today, you can view their website at: [http://](http://indiancountrytodaymedianetwork.com/education/scholarships/)

indiancountrytodaymedianetwork.com/education/scholarships/

Submitted by Leann Babcock-McCallum, CFS Program Technician

Ch'vs-ne Naa-gha



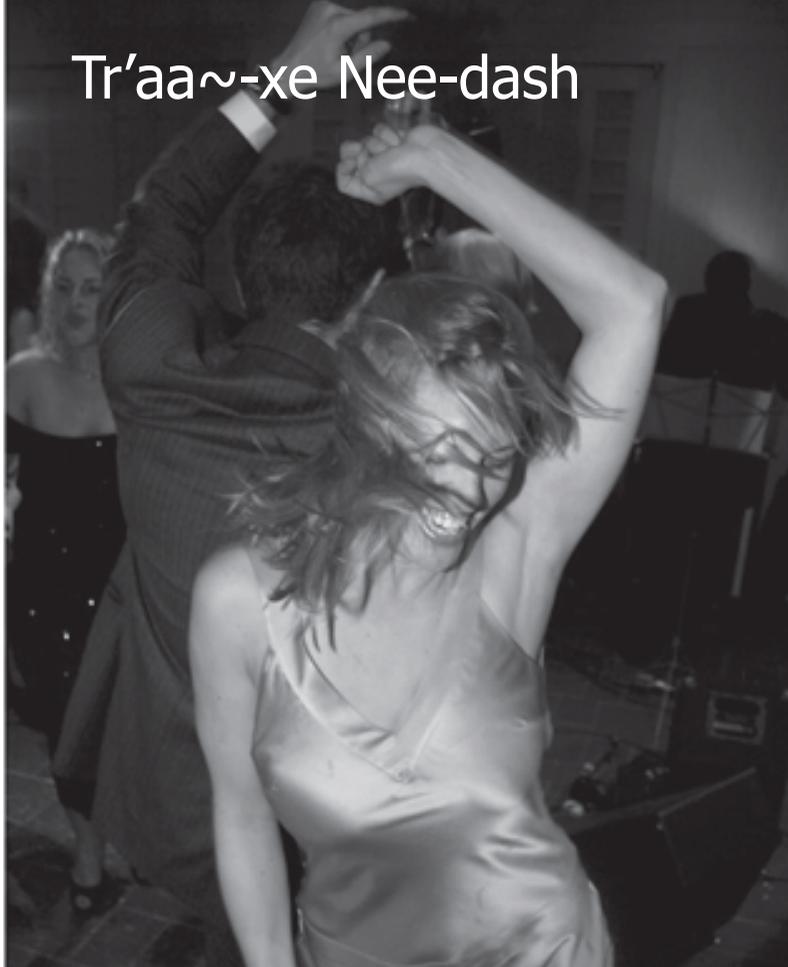
Lhin'-chu Naa-gha



Chee-lee-xvsr Nee-dash



Tr'aa~xe Nee-dash



SOCIAL SECURITY COLUMN

NEW COMPASSIONATE ALLOWANCES CONDITIONS MEAN FASTER DECISIONS FOR THOUSANDS OF DISABLED PEOPLE

**By Amanda Donahue
Social Security District
Manager in the
Crescent City Office**

In April, Social Security announced 52 new Compassionate Allowances conditions to the growing list of severe medical conditions that qualify for expedited medical decisions. The new conditions include many neurological disorders, cancers, and rare diseases.

The Compassionate Allowances initiative is a way of quickly identifying diseases and other medical conditions that invariably qualify as "disabled" based on minimal medical information. Compassionate Allowances allow Social Security to quickly identify the most obviously disabled individuals for allowances based on objective medical information that we can obtain quickly.

The announcement of 52 new conditions, effective in August, will increase the total number of Compassionate Allowances conditions to 165.

Continued on Page 17

SOCIAL SECURITY CONTINUED... That list continues to grow as Social Security, the National Institutes of Health, and a number of patient organizations help identify new conditions that clearly warrant quick approvals.

"Social Security will continue to work with the medical community and patient organizations to add more conditions," Commissioner Astrue said. "With our Compassionate Allowances program, we quickly approved disability benefits for nearly 61,000 people with severe disabilities in the past fiscal year, and nearly 173,000 applications since the program began."

Social Security develops the list of Compassionate Allowances conditions from information received at public outreach hearings, comments received from the disability community, counsel of medical and scientific experts, and research with the National Institutes of Health. Also, we consider which conditions are most likely to meet our definition of disability.

For more information on the Compassionate Allowances initiative, please visit www.socialsecurity.gov/compassionateallowances.

Head Start Application - Enrollment Cut-off is Aug 3

WHO MAY ATTEND?

Children who will be 3 years old by September 1st of the current school year are eligible.

PRIORITY IS GIVEN TO

- Low income Families
- Native American Families
- Children with Special Needs

SCHEDULES:

Head Start
September – June
Monday-Thursday
8:30 am-12:00pm
Early Learning Center
Monday-Friday
7:30 am-5:30 pm

HOW TO APPLY

Complete Form
Must Attach Copy of:
Current Income
Tribal Documentation

*If interested in enrollment of your child, please fill in the PRE-ENROLLMENT APPLICATION on the following page and return to:
Howonquet Head Start 12840 Mouth of Smith River Rd. Smith River, CA 95567.*

This institute is an equal opportunity provider

Smith River Rancheria
Howonquet Head Start
&
Early Learning Center

12840 Mouth of Smith River Rd.

Smith River, CA 95567

HHS: 707-487-1113

ELC: 707-487-0846

FAX: 707-487-0267

Howonquet Head Start
12840 Mouth of Smith River Road
Smith River, CA 95567





Tribal Journeys Canoe Event

This year "The Paddle" will be hosted by the Squaxin Island Tribe. The canoe journey landing is set to happen on July 29th at The Port of Olympia, Washington. Last year it was hosted by the Swinomish Tribe, there was approximately 150 canoe families that participated in the journey from across the Northwest and beyond. Thousands of people attend this event annually.

Volunteers and donations are always welcome, you can find out more about this years event at: paddletosquaxin2012.org

Submitted by Amanda O'Connell, Receptionist

Head Start Application - Enrollment Cut-off is Aug 3

PRE-ENROLLMENT APPLICATION

Head Start () Early Learning Center ()

Child's Last Name: _____ Child's First Name: _____

Date of Birth: ____/____/____ Sex: _____ Age: _____

Smith River Rancheria Tribal Member () Tribal # _____

Indian Non-Tribal Member () Tribe: _____

Parent Status: () One Parent () Two Parents () Foster Parents () Non-Parent

Parent (s) / Guardian (s): _____

Physical Address: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Work Phone: _____

No. of Persons in Home: _____ No. of Persons in Family: _____

No. of Children in Family: _____ No. of Children under Age 6: _____

Adult: _____ DOB: ____/____/____ Employed () Yes () No

Adult: _____ DOB: ____/____/____ Employed () Yes () No

Does your child have any disabilities or special needs that you are aware of? () Yes () No
If so please provide documentation with you application.
Please provide the Child's Medi-Cal No. and/or Health Insurance No.: _____

Please list desired Early Learning Center schedule.

	Arrival	Departure	Arrival	Departure	Total Hours
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

I certify that this information is true. I also understand that the information on this application will be held in strict confidence within SRR and is accessible to me during regular business.

Parent/Guardian Signature

Date:

Smith River Rancheria Howonquet Head Start Program Offers:

Children

A 3 ½ hour, 4 day a week preschool program with a well balanced range of learning and social activities woven together under a monthly theme.

A culturally-rich environment which fosters a positive image and helps children experience the pride and confidence needed to become inquisitive and enthusiastic learners.

Special emphasis on learning good health, safety and tooth brushing skills.

2 – Nutritious Meals Daily

Families

Support Services for the Family with Referrals and Follow-up

A Sense of Belonging and Activities for the Family

A Voice in the Head Start Program by Attending Parent Meetings and Being on Various Committees.

An Opportunity to Learn More about Child Development through Training, Meetings and Volunteering in Head Start Classroom.

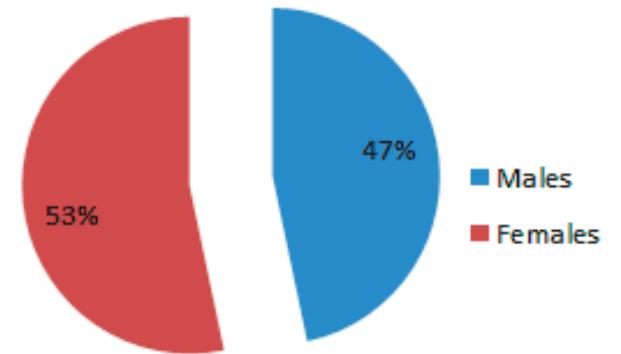


*The Family of
 Eunice "Kash-wee-tes-na" Henry Bommelyn
 would like to extend a warm
 Shu'-nuu-xwaa-nin-la (we thank-you)
 to all whom expressed love & support as we
 celebrated our mother, grandmother,
 aunt, cousin and friend's generous life.
 She was born on February 6, 1927 & entered the Spirit World on April 23, 2012.
 Her legacy will continue within each of us!*

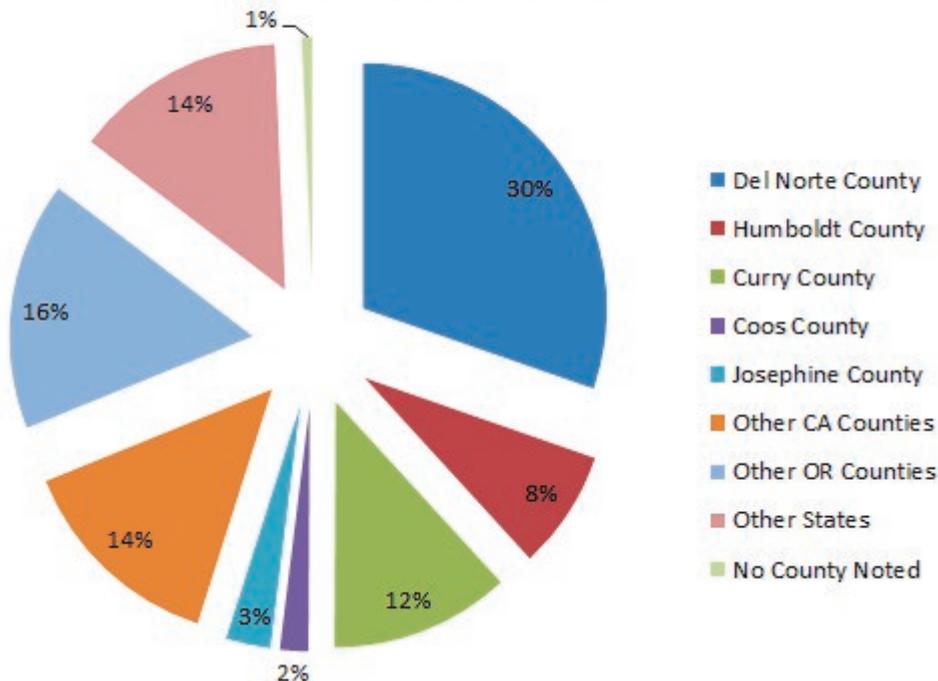
Membership Statistics

TRIBAL MEMBERSHIP STATISTICS								
LOCATION	TOTAL	AGE RANGES						
		0-5	6-12	13-17	18-25	26-40	41-60	61+
Del Norte County	447	49	59	44	75	76	105	39
Humboldt County	116	21	16	8	13	22	27	9
Curry County	176	27	20	12	22	39	40	16
Coos County	28	3	8	2	3	5	5	2
Josephine County	44	4	11	4	5	11	4	5
Other CA Counties	206	17	24	25	83	45	43	14
Other OR Counties	242	28	36	25	31	62	47	13
Other States	207	20	43	29	28	45	30	12
No County Noted	10	2	1	0	2	2	3	0
	1476	171	218	149	217	307	304	110

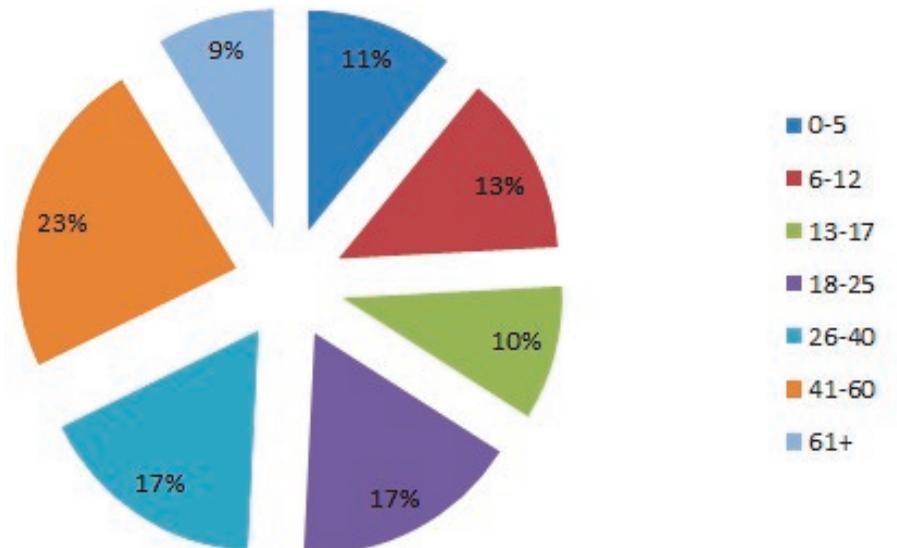
Membership by Sex



Membership by County



Membership by Age



Submitted by Theresa Ferrer, Enrollment Specialist



Smith River Rancheria
140 Rowdy Creek Rd
Smith River, CA 95567



Presorted
First Class
U.S Postage Paid
Smith River, CA
Permit NO. 4

June is the Great Outdoors Month. It's also National Camping and National River Months. So, I say why don't we all go out and enjoy the great outdoors of our surrounding areas. There are many wonderful rivers and campgrounds in our local area, but if camping is not your thing or you just want to get off the beaten path, then how about a day hike on one of the many trails our area has to offer? There are miles and miles of trails that run parallel to our awesome rivers. Whatever you and your loved ones decide to do in the month of June, I hope you get out and just enjoy being with one another, have a wonderful summer to all...

Submitted by:
Rebecca Prows-SSA

